

# Week 1

Weeks commencing 04/11, 25/11, 16/12, 06/01, 27/01, 24/02, 17/03

## MONDAY

Pasta Bolognese (1)(H)  
with Garlic Bread (1)

Veggie Bolognese (6)(H)  
with Garlic Bread (1)

Peas / Sweetcorn

Cookies (1,5,5,6)(H)

## TUESDAY

Black Bean Chicken with  
Broccoli (1,6)(H) and Rice

Sweet Chilli Quorn Stir Fry  
(1,5,8,10)(H) with Noodles (1,6)

Peas / Sweetcorn

Apple & Cinnamon  
Flapjack (1)(H)

## WEDNESDAY

Chicken Tikka Masala (5)(H)  
with Rice and Naan (1)

Cheese and Tomato  
Pasta (1,5,8)(H) with  
Garlic Bread (1)

Mixed Vegetables

Chocolate and Cranberry  
Crunch (1,3)(H)

## THURSDAY

Roast Beef (H)  
with Roast Potatoes and  
Yorkshire Pudding (1,3,5)

Cheese and Onion  
Pasties (1,5,6,10)(H)

Peas / Carrots

Chocolate Tiffin (1,5,6)(H)

## FRIDAY

Southern Fried Chicken  
(1,3,5,8,10)(H) and Chips

Quorn Nuggets (1)(H)  
and Chips

Beans / Salad / Coleslaw (3,5,10)  
/ SF Gravy (1,6)

Ring Doughnut (1)(H)

**Jacket Potatoes with Various Fillings  
(V/GF/DF/H) available everyday**

**thrive**  
Catering



Healthier  
Options 

Key:- V = Vegetarian, DF = Dairy Free, GF = Gluten Free, H = Halal, \* May Contain

For Allergens see numbers in brackets next to each dish and refer to Allergens below.

- 1 GLUTEN 2 NUTS 3 EGG 4 SESAME
- 5 MILK 6 SOY 7 FISH 8 CELERY
- 9 CRUSTACEAN 10 MUSTARD 11 MOLLUSCS
- 12 LUPINS 13 PEANUTS 14 SULPHITE

# Week 2

Weeks commencing 11/11, 02/12, 13/01, 03/02, 03/03, 24/03

## MONDAY

Cottage Pie (5)(H)  
Spicy Bean Burger  
with Salad, Relish(1)(H)  
and Wedges  
Peas / Carrots  
Cookies(1,5,5,6)(H)

## TUESDAY

Beef Burrito (1,5,10)(H)  
with Salsa / Sour Cream (5)  
Veggie Chilli Nacho  
Bake (5,6)(H)  
Sweetcorn / Salad  
Apple & Cinnamon  
Flapjack (1)(H)

## WEDNESDAY

Chicken Korma (5)(H)  
with Rice and Naan (1)  
Quorn Sweet Potato Curry  
(1,5,10,14)(H) with Rice  
and Garlic Bread (1)  
Mixed Vegetables  
Chocolate and  
Cranberry Crunch (1,3)(H)

## THURSDAY

Roast Turkey (H)  
with New Potatoes  
Quorn Roast (3,5)(H)  
with New Potatoes  
Carrots / Broccoli  
Chocolate Tiffin (1,5,6)(H)

## FRIDAY

Battered Chicken Nuggets  
with Katsu Curry Sauce  
(1,5,6,10,14)(H) and Chips  
Katsu Quorn (1,10)(H)  
and Chips  
Salad & Coleslaw (3,5,10)  
/ Baked Beans  
Ring Doughnut (1)(H)

**Jacket Potatoes with Various Fillings  
(V/GF/DF/H) available everyday**

 thrive  
Catering



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# Week 3

Weeks commencing 18/11, 09/12, 20/01, 10/02, 10/03, 31/03

## MONDAY

Butchers Pork Sausage (1,14)  
or Chicken Sausages (1,14)(H)  
with Mashed Potatoes and  
Yorkshire Pudding (1,3,5)

Veggie Sausage (H)  
with Mashed Potatoes and  
Yorkshire Pudding (1,3,5)

Peas / Carrots

Cookies(1,5,5,6)(H)

## TUESDAY

Meatballs in Tomato  
Sauce (1,14)(H) with Pasta

Spinach & Sun Dried  
Tomato Gnocchi (1,5)(H)  
with Wedges

Salad / Sweetcorn

Apple & Cinnamon  
Flapjack (1)(H)

## WEDNESDAY

Beef Rogan Josh (H)  
with Rice and Naan (1)

Sweet Potato and  
Chickpea Dhansak (H)  
with Rice and Naan (1)

Mixed Vegetables

Chocolate and Cranberry  
Crunch (1,3)(H)

## THURSDAY

Roast Chicken (H)  
with Stuffing (1,5,8)  
and Mashed Potatoes

Vegan Fillet (1)(H)  
and Mashed Potatoes

Carrots / Cabbage

Chocolate Tiffin (1,5,6)(H)

## FRIDAY

Battered Haddock (1,7)(H)  
& Chips

Quorn Nuggets(1)(H) & Chips

Mushy Peas / Baked Beans  
/ Curry Sauce

Ring Doughnut (1)(H)

Jacket Potatoes with Various Fillings  
(V/GF/DF/H) available everyday

 thrive  
Catering



 Healthier  
Options award 

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\* May Contain

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