

**WEEK 1 – COMMENCING:- 6 JANUARY, 20 JANUARY, 3 FEBRUARY, 17 FEBRUARY, 3 MARCH, 17 MARCH, 31 MARCH, 2014**

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>OPTION 1</b>	Sausages, Yorkshire Pudding, Onion Gravy, Mashed Potato and Seasonal Vegetables	Roast Chicken, Gravy, Boiled Potatoes, Seasonal Vegetables	Beef Lasagne, Tomato Bread Seasonal Vegetables	Beef Burger, Potato Wedges, Baked Beans	Fish Fingers, Chips & Peas Bread & Butter
<b>OPTION 2</b>	Vegetable Sausages, Mashed Potato Onion Gravy, Seasonal Vegetables (V)	Cheese Pasties, Boiled Potatoes, Seasonal Vegetables (V)	Omelette, Tri Colour Pasta Tomato Bread, Seasonal Vegetables (V)	Fish Pie, Herb Bread, Seasonal Vegetables	Oriental Stir Fry, Noodles (V)
<b>OPTION 3</b>	Jacket Potato, Baguettes, Sandwiches or Wraps Ham, Turkey, Cheese, Tuna	Jacket Potato, Baguettes, Sandwiches or Wraps Ham, Turkey, Cheese, Tuna	Jacket Potato, Baguettes, Sandwiches or Wraps Ham, Turkey, Cheese, Tuna	Jacket Potato, Baguettes, Sandwiches or Wraps Ham, Turkey, Cheese, Tuna	Jacket Potato, Baguettes, Sandwiches or Wraps Ham, Turkey, Cheese, Tuna
<b>DESSERT SELECTION</b>	HOT Marble Sponge & Custard	Orange Cinnamon Buns, or Instant Whip	HOT Flapjack & Custard	HOT Chocolate Crunch & Custard	Orange Cookies

(V) = Vegetarian

Fruits and Vegetables are subject to seasonal variations

**WEEK 2 – COMMENCING:- 13 JANUARY, 27 JANUARY, 10 FEBRUARY, 24 FEBRUARY, 10 MARCH, 24 MARCH, 7 APRIL, 2014**

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>OPTION 1</b>	Pork Meatballs in Tomato Sauce with Noodles, Vegetables & Garlic Bread	Minced Pork & Vegetable Pie, Gravy, Boiled Potatoes, Seasonal Vegetables	Chicken Pasta, Cheese Bread Seasonal Vegetables	Roast Beef, &Yorkshire Pudding, Roast Potatoes, Vegetables & Gravy	Battered Fish, Chips & Peas Bread & Butter
<b>OPTION 2</b>	Cheese Pasta, Garlic Bread, Seasonal Vegetables (V)	Mega Macaroni Bake Bread (V)	Cheese & Tomato Pizza, Wedges, Seasonal Vegetables (V)	Cheese & Tomato Penne Pasta, Bread Seasonal Vegetables (V)	Vegetable Rissotto (V)
<b>OPTION 3</b>	Jacket Potato, Baguettes, Sandwiches or Wraps Ham, Turkey, Cheese, Tuna	Jacket Potato, Baguettes, Sandwiches or Wraps Ham, Turkey, Cheese, Tuna	Jacket Potato, Baguettes, Sandwiches or Wraps Ham, Turkey, Cheese, Tuna	Jacket Potato, Baguettes, Sandwiches or Wraps Ham, Turkey, Cheese, Tuna	Jacket Potato, Baguettes, Sandwiches or Wraps Ham, Turkey, Cheese, Tuna
<b>DESSERT SELECTION</b>	HOT Chocolate Sponge & Custard	HOT Rice Pudding	HOT Lincolnshire Sponge & Custard	HOT Orange Shortcake & Custard	Hungarian Biscuits

(V) = Vegetarian

Fruits and Vegetables are subject to seasonal variations

**Also Available**

Yoghurts, Choice of tray bakes and cookies, fresh fruit always available. Salad option is via a well stocked salad bar where students can help themselves. Sandwich/wrap fillings can be changed at customer request. Cold desserts will be available daily. Bread and breadcakes will be available daily.

A good selection of drinks will be available both still and sparkling water and fruit drinks, milk and milk based drinks.

**Meal Deals**

Include 1 option off the menu PLUS hot or cold dessert PLUS water (bottled) or carton juice. All additional items are individually priced.